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Up and Down: Trends in Students' Perceptions about Learning in a 1:1 Laptop Model – A Longitudinal Study

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Abstract

This is a five-year study conducted with junior high school students studying in a 1:1-laptop program in order to test the effects of the program on various measures related to the students: their attitudes, motivation, perceived school norms, self-efficacy, and behavioral intention towards learning with laptops, according to the Theory of Planned Behavior (TPB).

These variables were tested at two dimensions: 'duration of learning' – the effect of learning in the program on the same students; 'duration of program in school' – the effect of the program on different students in different school years. Participants (N=770) answered a questionnaire structured according to motivational and TPB variables.

Findings show that attitudes changed over time, but differently for each dimension. For the 'duration of learning', attitudes declined between 7th to 9th grade. Structural equation modeling analysis showed that students' attitudes and self-efficacy explain part of their intention to learn with laptops, therefore ways of maintaining positive attitudes, self-efficacy, and strengthening school norms should be considered. However, for the 'duration of program in school', students' attitudes increased over the years: The attitudes of students who started the program at a later stage were more positive than those who began earlier.

This may indicate that students who experience the program at an advanced stage are better prepared, with more realistic expectations. Findings can assist teacher trainers and policymakers with the implementation of similar programs.

Keywords: one-to-one classrooms, personal laptops, motivation, self-efficacy, Theory of Planned

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Introduction

Technology-rich learning environments are implemented in many countries, with increased investment in technology aimed at reducing the student to computer ratio (Zheng, Arada, Niiya, & Warschauer, 2014). The number of such programs has increased over the past decade, mostly due to the availability of the technology, its affordability, the

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increased digital literacy of teachers and students, and rising awareness of the uses of technology integration among educational policy makers (Balanskat, Bannister, Hertz, Sigillò, & Vuorikari, 2013; Islam & Grönlund, 2016; Zheng, Warschauer, Lin, & Chang, 2016).

There are several models available for implementing Information and Communication technology (ICT) in education. The most extensively used model is a classroom equipped with laptop computers in a one-to-one student to computer ratio (also known as 1:1), especially when the students are allowed to take their computer home. This is a ubiquitous learning environment, where each student has access to a digital device when and where they need it; the technology is accessible 24/7 (Hooft, Swan, Cook, & Lin, 2007). This model enables two of the unique features of ICT: the ability for individualized learning and the availability of learning that is not constrained by time or by space (Resnik, 2002). 1:1 environments do not require special preparation prior to using the computer becomes part of the students' daily learning routine, at school and at home. The goals of 1:1 programs include innovative pedagogical change, implementation of 21st century skills among teachers and students, effective use of ICT for learning purposes, improved access to ICT in order to narrow the digital divide, enhanced communication and learning skills, and motivation to learn (Balanskat et al., 2013; Lowther, Inan, Ross, & Strahl, 2012).

1:1 programs are still scarce in Israel. Even though thousands of teachers and students were equipped with laptops over the past decade (Blau & Peled, 2012), the average student to computer ratio in 2011 was 1:12. Almost half of the schools that were studied had a higher ratio of 1:20 (State Comptroller, 2011). The majority of 1:1 programs in Israel rely on the initiative of school principals or local education departments for support. They usually include only one or two classes in school, or use the 1:1 program only in specific subjects, a model known as "Islands of Innovation" (Nahmias, Mioduser, & Forkosh Baruch, 2009). One reason for this scarcity is that the operation of 1:1 programs carries high costs, which include acquisition of computer devices, establishing the necessary technology infrastructure, and teacher training (Penual, 2006). Due to these high costs and the effort required from all parties, it is necessary to have in depth understanding of the educational value of 1:1 programs and the contribution they make to students.

Students' Attitudes, Self-Efficacy, and Motivation in 1:1 Classes

Students report positive attitudes towards learning with a personal laptop computer (Lowther, et al., 2012) and many prefer to learn with a laptop (Zheng et al., 2016). Research on 1:1 laptop classrooms found several positive effects with students. 1:1 computers have been linked to an increase in students' self-efficacy and personal empowerment (Mouza, 2008; Spektor- Levy, Menashe, Berger-Tikochinski, & Doron, 2011). Students also reported student-centered learning (Balanskat et al., 2013) and displayed better information skills than students learning without laptops (Spektor-Levy & Granot-Gilat, 2012). An increase in student computer use (Lowther et al., 2012) and writing (Zheng et al., 2014) was also found.

Overall, students in 1:1 classes report a better learning experience. Islam and Grönlund (2016) and Harper and Milman (2016) reviewed the literature relevant to integration of computers in schools. Both reviews found an increase in students' motivation as a dominant theme in many 1:1 programs. Zheng et al. (2016), who conducted a meta-analysis of research on 1:1 programs, also found that many reported higher motivation and engagement of students. Cavanaugh, Dawson, and Ritzhaupt (2012) found that over 60% of the teachers in 1:1 classes reported increases in enjoyment, motivation, engagement, on-task behavior, and positive school experience amongst their students. Rosen and Beck-hill (2012) noted that learning in a 1:1 program had a positive effect on elementary students' motivation to learn math and reading. Similar findings regarding an increase in students' motivation to learn in a 1:1 learning environment were reported in many additional programs (e.g., Bebell & Kay, 2009, Lowther et al., 2005 in Holcomb, 2009). Students who had

been under achievers displayed higher motivation to learn in an ICT environment, perceiving it as different from traditional learning (Reynolds, Treharne, & Tripp, 2003).

Information Literacy in 1:1 Classes

Information literacy is a framework for understanding, searching, evaluating, and using information in such a way that it lays the foundation for lifelong learning. Information literacy includes several skills, such as the ability to find information effectively, critically evaluate information and its sources, and integrate existing and new information (American Library Association, 2000). Despite the importance of these skills, they are often not taught explicitly in the curriculum and most students will acquire them outside of school (Kay, 2010, Perlman, 2010). Research findings suggest that learning in a 1:1 classroom can contribute to students' acquisition of information literacy skills. Spektor-Levy and Granot-Gilat (2012) found that 1:1 laptop students performed significantly better in a computer-based learning task that tested information literacy skills than students from a comparison group who learned without ICT. Zheng et al. (2016) reviewed several examples of 1:1 programs that improved their students' information and technology skills. The meta-analysis they conducted strengthened the finding that writing, editing, and gathering information from the Internet were the most common uses of laptops. Other information literacy skills such as taking notes, searching and organizing information, reading electronic textbooks, finding, analyzing, and sharing information were also prevalent (Crook, Sharma, Wilson, & Muller, 2013; Warschauer, 2007, 2008).

The results of the International Computer and Information Literacy Study (ICILS) conducted in 2013 showed that students who had greater access to a computer tended to demonstrate better information and computer skills (Fraillon, Ainley, Schulz, Friedman, & Gebhardt, 2014), and learning in a 1:1 ubiquitous classroom can provide access to the computer when and where the students need it. However, access to a computer does not guarantee the acquisition of information literacy skills. Even students who use the computer frequently will need to learn the appropriate skills with which to evaluate the information they find.

1:1 classes make it possible to search online sources during the lesson, and this was found to be the most common use of the laptops in class (Dunleavy, Dexter, & Heinecke, 2007). Students reported that in 1:1 learning they can reach online sources and expand their knowledge (Lowther, Ross, & Morrison, 2003). Searching for information as part of the learning process makes this information relevant and increases the possibility that students will remember it and use it in the future (Grimes & Warschauer, 2008). While some of the benefits of information skills implementation can be found in other ICT settings, the comprehensive and intensive nature of a 1:1 program enhances these skills in this environment. This may contribute to students' ability, self-efficacy, and motivation to use ICT skills in the future. Léger and Freiman (2016) conducted a qualitative study in which they interviewed former junior high school students ten years after they participated in a 1:1 laptop program. The former students reported that the main skills they acquired in the 1:1 program were technological resourcefulness that assisted them in adapting easily to new technologies without being intimidated, digital self-efficacy, and an open mind towards technology.

Learning in a 1:1 Laptop Program - Can Sustainability be Achieved?

Studies have shown that 1:1 programs can create a different learning environment, with many advantages. The challenge will be to sustain these changes in order to create ongoing pedagogic processes. However, most of the research on 1:1 programs has been short term (Blackley & Walker, 2015), focusing on the first or second year of the laptop implementation and not on the following years, when the 1:1 programs became part of the daily teaching and learning routine

(Lei, 2010). Results from research that continued after the initial implementation suggest that there are significant changes in teachers, students, and schools, some of which were long-term effects that were not predictable in the first years of implementation (Lei, 2010). In some schools the initial enthusiasm of the teachers and students decreased when the computers became part of the daily routine (Grant & Carolina, 2015; Lowther et al., 2003); a decrease in technology use over time was also reported (Balanskat, et al., 2013). Some schools even canceled 1:1 programs (W. Hu, 2007), due to their high expenses or failure to achieve the anticipated goals (Fleischer, 2012). These findings suggest that when the novelty of the laptops' integration wears off, the advantages found in the first stage of implementation may not necessarily last, but may change over time. Hence the importance of this longitudinal study, which followed a 1:1 laptop program for 5 years.

Technology Acceptance Models - Theory of Planned Behavior

Students may have diverse previous experiences that can influence their views and attitudes towards using technology (Bennett & Maton, 2010). Therefore, it is important to recognize what may affect their perceptions of learning in 1:1 programs. Various theoretical models exist to explain the social and psychological motives that affect technology adaption and acceptance. Each model explains different variables concerning technology adaption. One model is The Technology Acceptance Model (TAM), which identifies two major components in technology acceptance: perceived usefulness and perceived ease of use (Davis, 1989). Another model, the Unified Theory of Acceptance and Use of Technology (UTAUT), explains technology acceptance by performance expectancy, effort expectancy, social influence, and facilitating conditions (Venkatesh, Morris, Davis & Davis, 2003).

The theoretical model chosen for this study is The Theory of Planned Behavior (TPB) (Ajzen, 1985, 1991). TPB was chosen as it is a well-established and robust theoretical model, used as a technology acceptance model in numerous studies, some recently conducted in 1:1 environments (e.g. Courtois et al., 2014; Teo, 2015). According to the TPB model, certain behavior can be explained by behavioral intention, influenced by the attitudes towards the behavior (positive or negative), the subjective norms, which are the social expectations towards this behavior, and the perceived behavioral control, which indicates the amount of control the individuals feel they have over this specific behavior. If one's attitudes towards the behavior are positive, the social norms support it, and one feels one can perform it easily, the behavioral intention will increase, contributing to the performance of the behavior itself. This theory was used to explain technology adaption in educational settings, addressing issues like the perceptions of mobile learning among college students (Cheon, Lee, Crooks, & Song, 2012) or pre-service teachers' intention to use technology (Valtonen et al., 2015). In this study, we will apply the TPB model to a 1:1 laptop program for junior high school students, as described in Figure 1. Through the TPB model, different measures of technology acceptance can be tested: attitudes, norms, self-efficacy, intention to use 1:1 laptops, and behavior - which is measured in this study as using information skills.



Figure 1: Intention to learn with a 1:1 laptop according to the Theory of Planned Behavior (Ajzen, 1985, 1991)

Research Questions

This paper focuses on the following questions:

- 1. What are students' attitudes, perceived school norms, self-efficacy, and intention to learn with a 1:1 laptop, in terms of the Theory of Planned Behavior?
- Are students' attitudes and perceptions towards learning with a 1:1 laptop stable, or do they change over time? How does this stability or change manifest on (a) the 'duration of learning' the effect of learning in the program on the same students at two time points; (b) the 'duration of program in school' the effect of the program on different students of the same age group over different school years.

Method

Research Setting

The 1:1 laptop program studied in this research started in 2007 in one small urban town in Israel. The program operates in three schools: two elementary schools in 5^{th} and 6^{th} grade and one junior high school, in 7^{th} through 9^{th} grade. This study began during the third year of the 1:1 laptop program (2009) and lasted as a longitudinal study for 5 years (till 2013). The study examined a wide range of factors among teachers and students. In the paper presented here, we focus on the students and on part of the data that was gathered. The students learnt with a personal laptop for 5 years, from 5^{th} to 9^{th} grade.

The program has several unique aspects: first, the laptop is personal and is part of the daily routine of learning at school and at home. Second, it is operated systematically in all the schools of this urban town in such a way that the students can experience learning with a personal laptop for five consecutive years. In the programs' first years, all the teachers received teacher training and personal support and instruction. Throughout the years, each teacher decided how and when to use the laptop in his or her lessons. The program ends after 9th grade, and the students continue to a high school where no ICT program is implemented.

Research Sample

The research included 770 junior high school students in grades 7-9 (13 to 15 years old) who participated in a 1:1 laptop program between the years 2009 and 2013. Of these students, 48.4% (N=369) were male and 51.6% (N=393) female.

This research followed two student cohorts: 2009-2011 and 2011-2013 (Table 1). Students from both cohorts were from the same junior high school in a small urban town, and from a similar medium-nedium-high socio-economic background.

	7th grade	9th grade
2009-2011	42*	105
2011-2013	115	96

 Table 1: Number of students in student cohorts: 2009-2011 and 2011-2013

*Since 2009 the cooperation between school and researchers grew and that caused better responds to questionnaires in later years.

Participants were asked to report their daily computer use after school. Differences were found between the two cohorts, for example: 26% of the 2009-2011 cohort reported using the computer for 1-2 hours a day, and 21% used it for 5-6 hours, while 46% of the 2011-2013 cohort reported using the computer after school for 1-2 hours, and 16% used it for 5-6 hours.

Research Tools

The research included a quantitative questionnaire, the Students' Perceived Intentions, Behaviors, and Attitudes – SPIBA, which addressed subjects such as: students' use of the computer at school and at home (e.g., How many hours a day do you use your home computer?), perceived information literacy skills (e.g., "Before I start searching the web, I ask myself questions to figure out what information I'm looking for."; "Before I begin to look for information I carefully choose the keywords I plan to use.") and motivation to learn in a 1:1 program (e.g., "I find great interest when I use a laptop in school."; "I want to get higher grades than other students in 1:1 laptop lessons."). The SPIBA questionnaire is based on a questionnaire validated in Menashe's (2008) study of a 1:1 program and includes 78 items, among them 8 questions regarding students' computer use habits and one open ended question regarding students' attitudes toward continuing to learn in a 1:1 program. The questionnaire also included 70 Likert-style items (some with four levels of agreement and others with seven). The questionnaire includes three parts: motivation, general attitudes towards learning and perceptions towards a 1:1 laptop program.

The first part of the SPIBA questionnaire, the motivation scale, is based on the Motivated Strategies for Learning Questionnaire (MSLQ) developed by Pintrich, Smith, Garcia, & McKeachie (1993), adapted to a 1:1 program. The motivation scales from the MSLQ that were adapted and used in the SPIBA questionnaire include:

- 1. Intrinsic goal orientation: Students' perception of why they are engaged in a certain task. Intrinsic goal orientation refers to the perception of a task as a challenge and a purpose in itself, not a means of achieving other goals.
- 2. Extrinsic goal orientation: Students' perception of a task as being done for a reward or a grade and not for the learning itself. Students who express high extrinsic orientation can be preoccupied with matters other than learning, such as competition with other classmates.

- 3. Task value: Students' evaluation of the importance and interest of the task. Students are more likely to be engaged in a task to which they attribute high task value.
- 4. Control of learning beliefs: Refers to whether the students believe that their efforts to learn will end with a positive result. If students feel their effort is worthwhile and leads to positive results, they are more likely to make this effort in their learning.
- 5. Self-efficacy for learning and performance: Students' evaluation of their ability to complete a task successfully.

The second part of the SPIBA questionnaire, perceptions towards a 1:1 laptop program, is based on the Theory of Planned Behavior (Figure 1, Table 3), and adapted to learning in a 1:1 laptop program. In this part, we divided the SPIBA questionnaire items into five factors, according to the theory. The factors include attitudes towards learning with a 1:1 laptop; perceived school norms towards 1:1 learning; students' self-efficacy towards learning with a 1:1 computer; intention to learn with a 1:1 computer; behavior - learning with 1:1 computer. The last factor was tested in the context of this study as students' self-report about implementation of information literacy skills.

The third part of the SPIBA questionnaire includes students' attitudes regarding learning in general and not specifically in a 1:1 laptop program. In this part we divided the SPIBA questionnaire items (not included in the previous parts) into three factors (Table 4). The factors include generallearning skills such as reading comprehension or identifying the main ideas in a written text, selfefficacy; students' assessment of their learning, such as assessment of their grades and evaluation of the learning process; students' evaluation of their reflection process or their ability to form their independent opinion.

Two experts and researchers in the field of learning technologies and 1:1 programs validated the factors in each part of the SPIBA questionnaire. When disagreement between experts was found, the experts discussed the issue until full agreement was achieved. In order to measure the internal consistency of the factors, we calculated Cronbach's Alpha for each factor. The reliability measures of the motivational scales, the TPB factors and student attitude factors in the SPIBA questionnaire are presented in Tables 2-4.

The SPIBA questionnaire was administered four times during a five- year period: 2009, 2010, 2011 and 2013. In each administration, students from 7th, 8th and 9th grades from the same junior high school answered the questionnaire using their laptops. This longitudinal five-year research allowed us to collect data, using the SPIBA questionnaire, from two student cohorts (2009-2011 and 2011-2013). We could follow changes in students' attitudes throughout the years 2009-2013 (on year 2012 data was not collected) and we could follow changes in same students at two points in time: the entry to junior high school in seventh grade and the end, in ninth grade.

Motivational Scale according to MSLQ	Reliability
(Pintrich, Smith, Garcia, & McKeachie, 1993)	Cronbach's Alpha
Intrinsic goal orientation	$\alpha = 0.78$
Extrinsic goal orientation	$\alpha = 0.80$
Task value	$\alpha = 0.89$
Control of learning beliefs	$\alpha = 0.69$
Self- efficacy for learning and performance	$\alpha = 0.90$

Table 2: Factors and reliability of the motivational scales of the SPIBA questionnaireaccording to MSLQ

Factors according to the TPB (Ajzen, 1985,1991)	Reliability Cronbach's Alpha
Attitudes towards learning with a 1:1 laptop	$\alpha = 0.88$
Subjective norms: school norms towards 1:1 learning (This factor is composed from one item, therefore reliability was not calculated)	-
Self-efficacy towards learning with a 1:1 laptop	$\alpha = 0.85$
Behavioral intention: Intention to learn with a 1:1 laptop	$\alpha = 0.81$
Behavior: learning with a 1:1 laptop	$\alpha = 0.75$

Table 3: Factors and	reliability	of the SPIBA	questionnaire	according to	the TPE
Table 5. Tactors and	i chability	of the of ibit	questionnan e	according to	

Table 4: Factors and reliability of the SPIBA questionnaire regarding general attitudes towards learning

General attitudes towards learning	Reliability Cronbach's Alpha
General learning skills	$\alpha = 0.70$
Self-efficacy	$\alpha = 0.57$
Evaluation of the learning process	$\alpha = 0.70$

Results

This research examined the impact of learning in a 1:1 laptop program on junior high school students' attitudes, motivation, self-efficacy and behavioral intention towards learning with 1:1 personal laptops, as measured by the SPIBA questionnaire based on MSLQ motivation scales, the Theory of Planned Behavior (TPB) scales, and students' general attitudes towards learning. We used these different variables and analyzed them over time, through a longitudinal research design, in order to examine learning in a 1:1 laptop classroom as a complex phenomenon. These variables were tested at two dimensions: 'duration of learning (with a personal laptop)' – the effect of learning in the program on the **same students** at two points in time; 'duration of program in school' – the effect of the program on **different students** of the same age group in different school years.

Change at 'Duration of Learning' Dimension (Same Students at Two Time Points) at the Beginning and End of Junior High School

Findings presented in this section refer to the 'duration of learning' dimension- the effect of learning in the program on the same students at two points in time. For this purpose, we tested two student cohorts (2009-2011 and 2011-2013) at two time points: the beginning of junior high school in seventh grade and the end of junior high in ninth grade. In the data analysis, we used independent sample t-tests, due to the requirement of the Chief Scientist of the Ministry of Education that the student questionnaire be anonymous.

First, we examined the SPIBA motivation scales for these two cohorts (for 2009-2011 see Table 5, for 2011-2013 see Table 6).

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	2009 (N=42)		2011 (N=105)		
	М	SD	М	SD	t-value
Intrinsic goal orientation	5.02	1.16	4.06	1.53	3.69**
Extrinsic goal orientation	5.35	1.28	4.61	1.52	2.77**
Task value	5.27	1.15	4.28	1.57	4.21**
Control of learning beliefs	5.16	.98	4.16	1.48	4.77**
Self- efficacy for learning and performance	5.59	.98	4.98	1.36	3.06**
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Table 5: SPIBA motivation scales, same students 2009-2011

**p<0.01

Table 6: SPIBA motivation	i scales, same sti	udents 2011-2013
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	2011		2013		
	(N=115)		(N=96)		
	М	SD	M	SD	t-value
Intrinsic goal orientation	4.76	1.27	4.44	1.38	1.73
Extrinsic goal orientation	5.21	1.34	4.79	1.62	2.02*
Task value	5.09	1.38	4.60	1.50	2.45*
Control of learning beliefs	4.77	1.31	4.50	1.39	1.44
Self- efficacy for learning and performance	5.30	1.25	4.95	1.50	1.81

*p<0.05

Findings show a significant decrease in students' attitudes that occurred between grades 7 and 9. In all the SPIBA motivation scales for students from the 2009-2011 cohort, attitudes were higher in 7th grade, the beginning of junior high school, than in 9th grade, its end. For example, students' extrinsic goal orientation declined from mean 5.35 (SD 1.28) to mean 4.61 (1.52) between 2009 and 2011 ($t_{(144)} = 2.77 \text{ p} < 0.01$) and from mean 5.21 (SD 1.34) to mean 4.79 (SD 1.62) between 2011 and 2013 ($t_{(205)} = 2.02 \text{ p} < 0.05$). The results in some scales of the 2011-2013 cohort are similar: a significant decline in students' attitudes was found for the motivation scales concerning external orientation and task value; hence, students' attitudes were higher in 7th grade compared to their attitudes in 9th grade.

We then checked the perceptions towards learning with personal laptops of students from the same two cohorts (2009-2011 and 2011-2013), according to the TPB, the theoretical model for this research.

Like the SPIBA motivation scales results for these cohorts, students' perceptions towards a 1:1 laptop program also tend to decline between 7th and 9th grade. For example, students' attitudes towards learning with a 1:1 laptop declined from mean 5.16 (SD 1.27) in 2009 to mean 4.15 (SD 1.66) in $2011(t_{(98.84)} = 3.96 \text{ p} < 0.01)$ and from mean 5.05 (SD 1.47) in 2011 to mean 4.52 (SD 1.59) in 2013 ($t_{(206)} = 2.47 \text{ p} < 0.05$). In the 2009-2011 cohort (Table 7), this decrease was significant for attitudes towards learning with a 1:1 laptop, school norms, self-efficacy, and the intention to learn with a 1:1 laptop. For the 2011-2013 cohort (Table 8), a significant decline was found in attitudes, behavioral intention, and self-report of behavior, defined in this research as using information literacy skills.

	2009 (N=42)		2011 (N=105)		
	М	SD	М	SD	t-value
Attitudes towards learning with a 1:1 laptop ¹	5.16	1.27	4.15	1.66	3.96**
Self-efficacy towards learning with a 1:1 laptop ¹	5.52	1.07	4.92	1.44	2.46**
School norms towards 1:1 learning ¹	5.24	1.76	4.24	2.06	2.95**
Behavioral intention: intention to learn with a 1:1 laptop ¹	5.38	1.04	4.70	1.46	3.18**
Behavior: learning with a 1:1 laptop ²	2.75	.63	2.56	.60	1.70

Table 7: SPIBA-TPB factors, same students 2009-2011

1-7 point scale

2-4 point scale

**p<0.01

	2011 (N=115)		2013 (N=96)		
	М	SD	М	SD	t-value
Attitudes towards learning with a 1:1 laptop ¹	5.05	1.47	4.52	1.59	2.47*
School norms towards 1:1 learning ¹	5.10	1.84	4.63	2.05	1.71
Self-efficacy towards learning with a 1:1 laptop ¹	5.25	1.22	4.90	1.49	1.88
Behavioral intention: Intention to learn with a 1:1 laptop ¹	5.27	1.24	4.82	1.52	2.34*
Behavior: learning with a 1:1 laptop ²	2.71	.51	2.49	.61	2.93**
17					

1-7 point scale

2-4 point scale

**p<0.01 *p<0.05

In Tables 9-10 we present the results of students' general attitudes towards their learning, in both cohorts. The figures suggest a decline over time in both cohorts, between 7th and 9th grade. For example, student's perception of their general learning skills declined from mean 3.04 (SD 0.50) in 2011 to mean 2.86 (SD 0.59) in 2013 ($t_{(208)} = 2.36 \text{ p} < 0.05$).

Table 9: SPIBA- General attitudes towards learning, same students 2009-2011

	2009 (N=42)		2011 (N=105)		
	М	SD	М	SD	t-value
General learning skills	3.07	.52	2.99	.53	0.83
Self-efficacy	2.68	.59	2.66	.60	0.60
Evaluation of the learning process	2.76	.52	2.64	.64	1.05

	2011 (N=115)		2013 (N=96)		
	M	SD	M	SD	t-value
General learning skills	3.04	.50	2.86	.59	2.36*
Self-efficacy	2.83	.57	2.67	.64	1.95
Evaluation of the learning process	2.71	.58	2.69	.64	0.14

Table 10: SPIBA- General attitudes towards learning, same students 2011-2013

*p<0.05

In order to further examine students' perceptions towards a 1:1 laptop program and the relationship between different variables, we conducted a path analysis (Figures 2 and 3) using Structural Equation Modeling analysis (SEM), superimposed onto the TPB model adapted to learning with a 1:1 laptop (Figure 1). This model includes students' attitudes, school norms, self-efficacy, behavioral intention, and self-report of behavior, measured in this research as implementing information literacy skills. The numbers on the connecting lines of the model represent the β values.



Figure 2: SEM model according to the SPIBA-TPB factors for learning with a 1:1 personal laptop, 2011



Figure 3: SEM model according to the SPIBA-TPB factors for learning with a 1:1 personal laptop, 2013

In order to assess the fit of the model to the data, we used several goodness-of-fit indices. The first is the chi-square statistic (χ^2), which should be statistically non-significant (Kline, 2011). Other indices include the NFI, CFI, and RMSEA, which were compared to the recommended levels (Cheon et al., 2012; L. T. Hu & Bentler, 1999). The results for both models indicate a good fit. For the 2011 model, the chi-square was found not significant (χ^2 =0.246 df=2 p=0.884), NFI=1.000 (recommended> 0.95), CFI=1.000 (recommended> 0.95) and RMSEA=0.000 (recommended< 0.05). For the 2013 model, the chi-square was found not significant (χ^2 =1.008 df=2 p=0.604), NFI=0.999 (recommended> 0.95), CFI=1.000 (recommended> 0.95) and RMSEA=0.000 (recommended< 0.05).

We found that the biggest impact on students' intention to learn with a 1:1 laptop is their selfefficacy towards learning with a 1:1 laptop (β =0.55 p<0.001 in 2011 and β =0.36 p< 0.001 in 2013). In the path analysis for 2011 (Figure 2), attitudes towards learning with a 1:1 laptop, school norms and self-efficacy explained 63% of variance (R² = 0.63), in the second path analysis, in 2013 (Figure 3) they explained 70% of variance (R² = 0.70).

In conclusion, the findings presented in this section indicate that at the 'duration of learning' dimension (the effect of learning in the program - same students at two time points) students' attitudes and perceptions towards different measures of learning in a 1:1 program tend to decrease over time, from the beginning of junior high school at 7th grade to its end in 9th grade. This tendency was found in both student cohorts (2009-2011 and 2011-2013), and was reflected in several measures including most of the motivation scales and students' perceptions towards the 1:1 laptop program according to the TPB, and in some of students' general attitudes towards learning. Findings from the SEM analysis show that students' self-efficacy toward learning with a 1:1 laptop computer has the strongest impact on their intention to learn with a 1:1 laptop.

Change at 'Duration of Program in School' Dimension (Different Students of the Same Age Group at Different School Years) Between the Years 2009 and 2013

In the light of the findings in the previous section, and the decline in students' attitudes over time at the 'duration of learning' dimension, we conducted additional data analysis to examine the attitudes and perceptions of students through another dimension: 'duration of program in school' – the effect of the program on different students of the same age group in different school years.

For this purpose, we examined all students in each year, using a One-way ANOVA. We examined the findings of the questionnaire administered in 2009, 2010, 2011 and 2013. As we did in the first section, we examined the SPIBA motivation scales (Table 11), students' perceptions towards a 1:1 laptop program using the TPB (Table 12) and general attitudes toward learning (Table 13).

When comparing the SPIBA motivation scales at 'duration of program in school' dimension (Table 11) it appears that over the years 2009 to 2013 students' attitudes are similar and often more positive in 2013. For example, students' extrinsic goal orientation increased from mean 4.91 (SD 1.64) in 2009 to mean 5.16 (SD 1.49) in 2013 (F $_{(3,756)} = 2.99$ p<0.05). This increase was significant for extrinsic goal orientation and control of learning beliefs. Scheffe post hoc tests indicate that the difference is between 2011 and 2013.

	2009		2010		2011		2013		
	(N=66)		(N=75)		(N=336)		(N=293)		_
	М	SD	M	SD	M	SD	M	SD	F
Intrinsic goal orientation	4.54	1.51	4.56	1.55	4.46	1.44	4.71	1.29	1.64
Extrinsic goal orientation	4.91	1.64	4.83	1.70	4.80	1.51	5.16	1.49	2.99*
Task value	4.69	1.62	5.04	1.54	4.72	1.54	4.99	1.47	2.24
Control of learning beliefs	4.78	1.43	4.78	1.29	4.42	1.46	4.77	1.33	4.09**
Self-efficacy for learning and perfor- mance	5.07	1.50	5.13	1.51	5.03	1.38	5.18	1.36	0.62

Table 11: SPIBA motivation scales, different students 20	009-2013
(No data was collected in 2012)	

**p<0.01 *p<0.05

Table 12: SPIBA-TPB factors	, different students 2009-2013
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	2009 (N=66)		2010 (N=75)		2011 (N=336)		2013 (N=293)		
	М	SD	М	SD	М	SD	М	SD	F
Attitudes towards learning with a 1:1 lap- top ¹	4.61	1.69	4.97	1.63	4.67	1.61	4.92	1.53	1.90
school norms towards 1:1 learning ¹	4.88	2.09	4.82	2.13	4.64	2.06	5.04	1.91	2.07
Self-efficacy towards learning with a 1:1 laptop ¹	5.03	1.51	5.03	1.57	4.98	1.41	5.12	1.39	0.47
Behavioral intention: Intention to learn with a 1:1 laptop ¹	4.89	1.52	4.89	1.64	4.90	1.43	5.14	1.35	1.69
Behavior: learning with a 1:1 laptop ²	2.65	0.68	2.78	0.67	2.59	0.63	2.66	0.60	1.92
1-7 point scale									

2- 4 point scale

The results (Table 12) suggest that at 'duration of program in school' dimension students' perceptions towards some measures of 1:1 laptop program tend to increase over time, between 2009 and 2013. This tendency was not significant.

	2009 (N=66)		2010 (N=75)		2011 (N=336)		2013 (N=293)		
	М	SD	М	SD	М	SD	М	SD	F
General learning skills	2.94	.58	3.01	.62	2.93	.57	3.01	.57	1.22
Self-efficacy	2.63	.61	2.90	.74	2.73	.59	2.83	.57	4.05**
Evaluation of the learning process	2.61	.63	2.82	.59	2.65	.65	2.80	.59	4.40**

Table 13: SPIBA- General Attitudes towards learning	, different students 2009-2013
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**p<0.01

The results (Table 13) indicate that at 'duration of program in school' dimension students' attitudes toward some measures of learning tend to change positively over time, between 2009 and 2013. For example, students' self-efficacy increased from mean 2.63 (SD 0.61) in 2009 to mean 2.83 (SD 0.57) in 2013 ($F_{(3,765)} = 4.05 \text{ p} < 0.01$). This change was significant for self-efficacy and evaluation of the learning process. Scheffe post hoc tests indicate that the difference is between 2011 and 2013.

For further examination of these findings, we compared the perceptions of different students at specific grade levels between 2011 and 2013, according to the SPIBA motivation scales, stu-

dents' perceptions towards a 1:1 laptop program and general attitudes towards learning. In the data analysis, we used an independent samples t-test, since we compared different students.

	7 th grade				
	2011 (N=115)		2013 (N=55)		
	M	SD	М	SD	t-value
Intrinsic goal orientation	4.76	1.27	5.32	1.06	-2.85**
Extrinsic goal orientation	5.21	1.34	5.59	1.25	-1.79
Task value	5.09	1.38	5.43	1.36	-1.49
Control of learning beliefs	4.77	1.31	5.13	1.37	-1.64
Self-efficacy for learning and perfor- mance	5.30	1.25	5.56	1.13	-1.33

Table 14: SPIBA motivation scales, different students in 7th grade, 2011, 2013

**p<0.01 *p<0.05

Table 15: SPIBA motivation scales, different students in 8th grade, 2011, 2013

	8 th grade							
	20	11	20	013				
	(N=)	116)	(N=142)					
	M	SD	M	SD	t-value			
Intrinsic goal orientation	4.53	1.45	4.65	1.23	-0.72			
Extrinsic goal orientation	4.58	1.59	5.24	1.44	-3.47**			
Task value	4.74	1.57	5.08	1.44	-1.79			
Control of learning beliefs	4.30	1.54	4.82	1.23	-2.89**			
Self-efficacy for learning and perfor-	1 8 1	1 49	5 19	1 33	-2.11*			
mance	4.01	1.47	5.17	1.55				

**p<0.01 *p<0.05

Table 16: SPIBA motivation scales, different students in 9th grade, 2011, 2013

		9 th g			
	2011 (N=105)		2013 (N=96)		
	М	SD	M	SD	t-value
Intrinsic goal orientation	4.06	1.53	4.44	1.38	-1.82
Extrinsic goal orientation	4.61	1.52	4.79	1.62	-0.81
Task value	4.28	1.57	4.60	1.50	-1.47
Control of learning beliefs	4.16	1.48	4.50	1.39	-1.67
Self-efficacy for learning and perfor- mance	4.98	1.36	4.95	1.50	0.13

Findings (Tables 14-16) suggest that students who started the program at a later stage tended to display more positive attitudes compared to students who participated in the program in its first years. This is evident especially for 8th grade students. For example, 8th grade students' extrinsic

goal orientation increased from mean 4.58 (SD 1.59) in 2011 to mean 5.24 (SD 1.44) in 2013 $(t_{(253)} = -3.47 \text{ p} < 0.01).$

	7 th grade							
	2011 (N=115)		2013 (N=55)					
	M	SD	M	SD	t-value			
Attitudes towards learning with a 1:1 laptop ¹	5.05	1.47	5.36	1.38	-1.32			
Self-efficacy towards learning with a 1:1 laptop ¹	5.25	1.22	5.51	1.20	-1.29			
School norms towards 1:1 learning ¹	5.10	1.84	5.41	1.66	-1.01			
Behavioral intention: Intention to learn with a 1:1 laptop ¹	5.27	1.24	5.55	1.11	-1.43			
Behavior: learning with a 1:1 laptop ²	2.71	.51	2.78	.59	-0.72			

1-7 point scale

2-4 point scale

Table 18: SPIBA-TPB factors,	different students in 8 ^t	^a grade, 2011, 2013
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	8 th grade						
	2011 (N=116)		2013 (N=142)				
	М	SD	М	SD	t-value		
Attitudes towards learning with a 1:1 laptop ¹	4.76	1.62	5.02	1.48	-1.36		
Self-efficacy towards learning with a 1:1 laptop ¹	4.78	1.54	5.12	1.36	-1.90		
School norms towards 1:1 learning ¹	4.54	2.18	5.21	1.86	-2.52**		
Behavioral intention: Intention to learn with a 1:1 laptop ¹	4.70	1.53	5.18	1.27	-2.69**		
Behavior: learning with a 1:1 laptop ²	2.51	.74	2.73	.57	-2.63**		

1-7 point scale

2-4 point scale

**p<0.01

Table 19: SPIBA-TPB factors, different students in 9th grade, 2011, 2013

	2011 (N=105)		2013 (N=96)		
	M	SD	M	SD	t-value
Attitudes towards learning with a 1:1 laptop ¹	4.15	1.66	4.52	1.59	-1.61
Self-efficacy towards learning with a 1:1 laptop ¹	4.92	1.44	4.90	1.49	0.09
School norms towards 1:1 learning ¹	4.24	2.06	4.63	2.05	-1.35
Behavioral intention: Intention to learn with a 1:1 laptop ¹	4.70	1.46	4.82	1.52	-0.58
Behavior: learning with a 1:1 laptop ²	2.56	.60	2.49	.61	0.85

1-7 point scale

2-4 point scale

Like the findings of the SPIBA motivation scales, these showed that students who started the program at a later stage tended to display more positive attitudes compared to students who participated in the program in its first years (Tables 17-19). Again, this change was evident especially in 8th grade students. For example, 8th grade students' behavioral intention to learn with a 1:1 laptop

increased from mean 4.70 (SD 1.53) in 2011 to mean 5.18 (SD 1.27) in 2013 ($t_{(222.96)} = -2.69$ p<0.01).

Tables 20-22 present the results of students' general attitudes towards their learning, comparing the attitudes of different students who started the program in different years. They are similar to the findings of the SPIBA components and TPB and suggest an increase in students' attitudes over the years, especially for students in the 8th grade. For example, 8th grade students' perception of their general learning skills increased from mean 2.77 (SD 0.65) in 2011 to mean 3.07 (SD 0.54) in 2013 (t_(223,294) = -3.90 p<0.01).

	2011 (N=115)		2013 (N=55)					
	M	SD	M	SD	t-value			
General learning skills	3.04	.50	3.14	.53	-1.20			
Self-efficacy	2.83	.57	3.01	.52	-1.88			
Evaluation of the learning process	2.71	.58	2.96	.51	-2.75**			

Table 20: SPIBA General attitudes towards learning, different students in 7th grade 2011, 2013

**p<0.01

Table 21: SPIBA General attitudes towards learning, different students in 8th grade 2011, 2013

	2011 (N=116)		2013 (N=142)		
	M	SD	M	SD	t-value
General learning skills	2.77	.65	3.07	.54	-3.90**
Self-efficacy	2.69	.61	2.87	.51	-2.68**
Evaluation of the learning process	2.59	.72	2.80	.58	-2.66**

**p<0.01 *p<0.05

Table 22: SPIBA General attitudes towards learning, different studentsin 9th grade 2011, 2013

		9 th grade					
	201 (N=1	2011 (N=105)		2013 (N=96)			
	M	SD	М	SD	t-value		
General learning skills	2.99	.53	2.86	.59	1.61		
Self-efficacy	2.66	.60	2.67	.64	-0.18		
Evaluation of the learning process	2.64	.64	2.69	.64	-0.56		

In conclusion, our findings vary between the two dimensions that were tested: 'duration of learning' – the effect of learning in the program on the same students; and 'duration of program in school' – the effect of the program on different students in different school years. At the 'duration of learning' dimension students' (same students) motivation and perceptions towards a 1:1 laptop program tend to decline over time, between 7th and 9th grade. However, at the 'duration of program in school' dimension we found an increase in students' perceptions towards a 1:1 laptop program over time. In other words, students who participated in the 1:1 program at a later stage (after it started) tended to show more positive attitudes compared to students who participated in earlier years of the 1:1 laptop program in school. These tendencies were found for the SPIBA motivation scales, students' perceptions towards a 1:1 laptop program based on the TPB, and students' general attitudes towards learning.

Discussion

This study began during the third year of a 1:1 laptop program and was conducted over five years, a period of time that contributed to a longitudinal perspective on the program and allowed us to examine it as part of the school's daily routine, rather than as an innovative initiative (Lei, 2010). The findings indicate an "up & down" effect, where the attitudes and motivation of students towards learning with a 1:1 laptop change over the years, but this change is not the same when viewed in terms of 'duration of learning' – the effect of learning in the program on the same students; and 'duration of program in school' – the effect of the program on different students in different school years.

At the 'duration of learning' dimension, we found – in the case of both students' cohorts – that students' motivation and attitudes declined as they moved between 7th and 9th grades. This tendency may be related to the decrease in students' enthusiasm over time towards using a 1:1 personal laptop 24/7 as it becomes a routine, but may also be related to the fact that the participants know that the 1:1 program does not continue in high school. A decrease in students' attitudes was reported in the research literature, especially after the first year of a 1:1 program, but recovery was sometimes found between the second and third year (Swallow, 2015). A decline in other aspects of learning with 1:1 laptops, such as student engagement, has also been reported over time (Hur & Oh, 2012). The results of the SEM analysis emphasize the effect of students' attitudes and self-efficacy on their intention to learn with a 1:1 laptop, so it is crucial to consider what might be done to maintain the students' attitudes towards 1:1 learning and to strengthen self-efficacy and school norms in this context. Otherwise, students' attitudes toward use of their personal laptops may decrease.

However, at the 'duration of program in school' dimension, students' attitudes and motivation increased between 2009-2013. Students in year 2013 displayed more positive attitudes than students from the years before them. The data analysis at the 'duration of program in school' dimension also indicated 8th grade as a significant stage in which students' attitudes and motivation tended to improve over time. Thus, in terms of technology integration, 8th grade is a meaningful time to enhance students' motivation and ICT skills in junior high school. In 9th grade, students may know they are headed to a high school without a 1:1 program and therefore may lose their motivation to study with personal laptops.

These findings may indicate that students who participated in the program in later years were better prepared in terms of their expectations from the program and from 1:1 learning. Spanos and Sofos (2015) found that in a 1:1 laptop program that operated in an elementary and junior high school, the younger students' attitudes were more positive, an aspect that may indicate that students are better prepared for 1:1 learning over time. Another explanation for these findings lies in the fact that in the first years of the laptop implementation, students and teachers need to adapt to a new way of teaching and learning and dedicate time to learning new skills. Over time their skills and the laptop integration improved (Kopcha, 2012; Zheng et al., 2016). The influence of time was also found on students' achievements, which showed a positive effect only after the second year of implementation (Grimes & Warschauer, 2008). Hence, an explanation for the findings of this study may be that students who started junior high school when the 1:1 program was established had better computer skills and learned with more experienced teachers who had already adapted to this new way of teaching and learning. This may be one of the reasons their attitudes are higher than the students who participated in the earlier years of the program and experienced the difficulties of the program's establishment.

This explanation is supported by findings from a long-term research that was conducted on a 1:1 laptop program in the US and found that the use of technology is constantly changing, according to various elements of the school system: technology users, school resources, and the relationships between these systems. In the second year, the program implementation changed to deal with issues that were not predictable at first (Lei, 2010). Therefore, technology integration in schools needs to be continuously adjusted, over time, according to the needs of the school, the increased skills of teachers and students, and new technological developments.

Conclusions

Due to the high and extensive costs of 1:1 programs, teachers, parents, and policymakers are waiting to see proof of their contribution before investing in additional programs. Further understanding the impact of 1:1 laptops on students and their learning will support the development of future programs (Fleischer, 2012; Zheng et al., 2014). Therefore, in this study we aimed to find out students' attitudes, perceived school norms, self-efficacy, and intention to learn with a 1:1 laptop, in terms of the Theory of Planned Behavior. We also wished to find out whether students' attitudes and perceptions towards learning with a 1:1 laptop are stable, or whether they change over time.

Regarding the first research question, our findings reveal that the Theory of Planned Behavior is feasible in this setting of a 1:1 laptop program. In accordance with the theory, students' attitudes, perceived school norms and self-efficacy significantly contributed to their intention to learn with a 1:1 laptop. Their self-efficacy and intention also significantly contributed to their behavior in terms of learning with a 1:1 Laptop.

Regarding the second research question, we found that attitudes and motivation of students towards learning with a 1:1 laptop changed over the years—what we called an "up & down effect". Students' attitudes, perceived school norms, self-efficacy, and intention to learn with a laptop tended to decline between the beginning and end of junior high school. However, the same measures (students' attitudes, perceived school norms, self-efficacy, and intention to learn with a laptop) tended to increase the longer the duration of the 1:1 program in school. Therefore, the duration of the 1:1 program in school can positively affect the attitudes and perceptions of students over time.

The findings revealed in this study can assist the implementation of similar programs. The findings emphasize the importance of longitudinal maintenance of students' self-efficacy and attitudes towards learning in 1:1 laptop settings, as these can affect students' intentions to use laptops in the future, and may affect the programs' sustainability. The study also highlights that students' attitudes towards 1:1 learning may change at different ages. In this study, 8th grade was found to be an important time to enhance students' motivation and ICT skills.

Future research can follow 1:1 programs over time in order to detect if the "up & down" effect identified in this study occurs in other programs, in different schools, and in various contexts. Differences in culture, gender, age, socio-economic status, and other student characteristics can have a significant impact on attitudes and achievements in 1:1 laptop programs. Furthermore, teachers' attitudes are another important aspect that may impact students' technology acceptance. Teachers' attitudes in the 1:1 program presented here were explored by Doron and Spektor-Levy (2015). Future research could investigate teachers' attitudes in light of the "up & down" effect. These may be investigated through qualitative methodologies.

Our study has limitations: the small number of students that participated in 2009; the factor 'subjective norms: school norms towards 1:1 learning' is composed from one item, therefore reliability was not calculated. These limitations should be dealt with in future studies. However, the findings of this longitudinal study do show the trends in students' perceptions about learning in a 1:1 laptop model and emphasize the complex impact of these programs on their students, which may vary between different measurements and dimensions: the duration of learning in the program and the duration of the program in school.

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